

SERIES: GUARDRAILS

Episode 1: "Proximity"

Our friends influence the direction of our lives. So what do we do when they're leading us somewhere we don't want to end up?

	QUESTIONS	NOTES
01 >>>>	In what ways, good or bad, did your friends influence you growing up?	
02 >>>>	Personal guardrails are standards of behavior that direct and protect us from damage. What are the pros and cons of guardrails?	
03 >>>>	Has a friendship or relationship ever led you to do something you later regretted? Explain.	
04	Is there someone in your life who influences you to make good decisions? What's one thing you can do to dial up that person's influence in your life?	
05 >>>>	Do you have guardrails in your friendships? If not, what would happen if you created them? What first step would you need to make?	

BOTTOM LINE

Our friends determine the direction and quality of our lives.