

## SERIES: WHAT HAPPY COUPLES KNOW

Episode 4: "It's a Choice"

Want to know the secret to a happy marriage? It's a choice that happy couples don't always know they're making, but it makes all the difference.

	QUESTIONS	NOTES
<b>01</b> >>>>	What are some reasons it's easier for people to assume the worst in their relationships than believe the best?	
02 >>>>	Andy mentioned that happy couples find the most generous explanation for each other's behavior and believe it. Does that sound reasonable to you? Why or why not?	
03	Andy referenced the apostle Paul's characteristics of love. Which of these could you work on to build a stronger relationship?	
04	In what ways might your history, fears, or insecurities become obstacles to assuming the best of your partner? What would it take to overcome those obstacles?	

## **BOTTOM LINE**

Happy couples make a habit of choosing to believe the best about each other.

Learn something new? Have any epiphanies? Tweet your story and tag us @YourMove.