

# HOW TO GET WHAT YOU REALLY WANT

We'll never get what we really want until we discover what we really value. And the best place to start is toward the end.



***WELCOME TO YOUR  
85<sup>TH</sup> BIRTHDAY PARTY.***



Look around. Everyone you love surrounds you. And now, one by one, they stand to speak. Only question is: what do they say?

In the blanks noted below, fill in your name. Then, finish each sentence according to how you hope people would describe you.



\_\_\_\_\_ is a person who always \_\_\_\_\_  
(Your Name)



\_\_\_\_\_ cared about \_\_\_\_\_  
(Your Name)



I'm grateful that \_\_\_\_\_  
(Your Name)



At the end of the day, \_\_\_\_\_ was someone who \_\_\_\_\_  
(Your Name)

\_\_\_\_\_

Now, look for common themes in what you wrote. What are three words that most clearly describe the type of person you hope to be?

\_\_\_\_\_

**HOW COULD THESE THREE VALUES HELP YOU  
CLARIFY WHAT YOU REALLY WANT IN LIFE?**