

## **HOW TO WIN AT LIFE**

We all want to win. But each of us defines winning differently. So, what's your win?

	QUESTIONS	NOTES
01	Think about someone you know who has achieved something you would like to achieve one day. What qualities do they possess? How do they live their life?	
<b>02</b> >>>>	What holds people back from defining their win?	
03	Have you ever worked hard at something only to feel like you haven't really succeeded? If yes, explain.	
04 >>>>	When you've experienced success in the past, what did you have to give up in order to succeed? What kind of routines did you put in place?	
05 >>>>	So, what's your win? How do you define success in your relationships, career, and/or finances? What changes would you need to make to prioritize this win (or wins)?	

## **BOTTOM LINE**

Winning at life begins when we define what we want to win.

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